

ACCEPTANCE

Belief in something or someone,
non-judgment

ACCOUNTABILITY

Being obliged to answer for one's own
actions

ACHIEVEMENT

Accomplishment of goals,
Results and outcomes met

ADVANCEMENT

Personal and professional growth

BEAUTY

An appreciation for and seeing the
beauty in all things

BELONGING

Being part of something

CAREER

One's lifetime work

CLARITY

Clearness of thought, untainted, lucidity

COMMITTMENT

Devotion, dedication, obligation

COMPASSION

Understanding the suffering of others and
wanting to do something about it

CONFIDENCE

Being certain, full trust

CONTRIBUTION

Alignment to a purpose, providing value

COOPERATION

Working together for a common purpose

CREATIVITY

A high degree of innovation and originality

DEDICATION

The act of binding yourself (intellectually or emotionally) to a course of action

EMPATHY

Feeling concern for and understanding another's situation or feelings

ENERGY

Liveliness, Vitality

EXCELLENCE

Better than "best",
surpassing ordinary standards

FAITH

A strong belief in a supernatural power or powers that control human destiny

FAMILY

Present family, future family

FREEDOM

The power to act, speak or think without externally imposed restraints

GENEROSITY

Giving freely without expectations, readiness or liberality in giving, kindness, willingness

GROWTH

Development: mentally, spiritually, emotionally

HEALTH

Physical and mental well-being

HELPFULNESS

Sense of concern for and outreach to the needs of others

HONESTY

A high regard for fairness, straightforwardness, sincerity, truthfulness

HUMOR

The ability to laugh at oneself and find humor in all things

INDEPENDENCE

Freedom from control or influence of another or others, self sufficient

INTEGRITY

The quality or state of being of sound moral principle; uprightness, honesty, sincerity

JUSTICE

Fairness, balance, equality

KNOWLEDGE

Seeking and learning new information and insights

LIFE

An appreciation and respect for all living things

LOVE

Strong personal feelings of caring and affection

LOYALTY

Faithfulness to another person or group

MAKING A DIFFERENCE

Make a substantial contribution to something or someone's life

MORALITY

Desire for high ethical standards; a strong sense of right and wrong

OPEN MINDEDNESS

Receptive to new and different ideas or opinions

PATIENCE

The capacity for enduring hardship or inconvenience

PEACEFULNESS

Undisturbed by strife, quite, calm, tranquil

PERSUASIVENESS

Convincing or persuading to a desired outcome or new way of thinking

PLAYFULNESS

Youthfulness, full of jest and humor

PLEASURE

Satisfaction, fun, joy, gratification

POWER

Ability to lead, direct, persuade, control

PRESENCE

Possessing qualities others are drawn towards, full attention and living in the moment

PROFESSIONALISM

Commitment to quality; pride in your work

PROSPERITY

Flourishing, thriving

RECOGNITION

To receive special attention, to feel important

RELIGION

Belonging to an organized religion

RESILIANCE

Able to recover quickly, the capacity to cope with adversity

RESPECT

Unbiased consideration and regard for the rights, values, beliefs and property of all people

RESPONSIBILITY

Being answerable to someone for something or being responsible for one's own conduct

SECURITY

Having the essentials you need to live and be Safe

SPIRITUALITY

A way of living that emphasizes a constant awareness of the spiritual dimension of nature

SUCCESS

Attainment of professional position, favor or eminence; achieving your goals

TRUSTWORTHINESS

Dependability, deserving of confidence

WARMTH

Affection, kindness, approachable

WEALTH

Desire for substantial monetary income

WISDOM

The ability to apply knowledge, experience, understanding, common sense and insight

WORK

Deriving great value from your job